



ALASKA BEHAVIORAL HEALTH

**New
Program!**

Partial Hospitalization Program for Adults with Mood Disorders

OUR PARTIAL HOSPITALIZATION PROGRAM (PHP) IS DESIGNED TO PROVIDE CLIENTS EXPERIENCING SEVERE AND/OR PERSISTENT DEPRESSION, BIPOLAR AND OTHER MOOD DISORDERS WITH MEDICATION MANAGEMENT, INTENSIVE THERAPY AND SKILLBUILDING TO REGAIN STABILITY, IMPROVE QUALITY OF LIFE, AND AVOID THE NEED FOR HIGHER LEVELS OF CARE. THIS IS A SHORT-TERM PROGRAM: CLIENTS WILL RETURN TO THEIR REGULAR PROVIDERS WHEN THEY ARE FINISHED WITH PHP.

Who qualifies for PHP?

Clients with a primary diagnosis of a serious mood disorder who are able to transport themselves to clinic and meaningfully engage in treatment. Clients experiencing psychosis, substance misuse, or active safety concerns are not a good fit.

We bill all insurance!
Medicaid/Medicare/Tricare
In Network with Premera
Insurance review available
upon request

How to Access Services

Providers:
submit a
secure on-
line referral



With ROI's signed, AKBH providers will coordinate care with referring providers before, during and after PHP program participation.

New Clients:
Call to schedule
an assessment for
PHP
907-563-1000

**Current
AKBH
Clients:**
Talk to your
clinician

FOR MORE INFO: PHP@AKBH.ORG
WWW.ALASKABEHAVIORALHEALTH.ORG