



POWER CENTER

an Alaska Behavioral Health program

Drop -in Center, Street Outreach and Peer Education for Youth Ages 13-23

Drop -in Center
2601 Arctic Blvd
Anchorage

Call us!

907-929-2633

Facebook:

PowerCenteratAlaska
BehavioralHealth

IG: the_power_center

Street Outreach

Educational
Presentations

The POWER Center is a safe place for young people to get off the streets.

Open Monday – Friday, 1:00 pm to 5:00 pm

- Access to free laundry, showers, a kitchen, food, and hygiene products
- Staffed by trained peer support workers who can help with job searches & applications, homework, housing assistance, bus passes, emancipation, and more
- Weekly educational presentation, Wednesdays @ 2:30 – on mental health related topics
- Weekly Game Days with Reid, Thursdays @ 2:30 – 4:00: everything from Unstable Unicorns to Super Smash Bros!
- Volunteer led cooking and crafts classes scheduled weekly
- Connection to mental health services

Street Outreach

The POWER Team uses a peer-to-peer approach to engage youth around the community. Peer Outreach workers act walking referrals, informing youth about resources available to them. Staff carry backpacks of supplies to help young people meet basic needs.

Group Presentations

POWER Center staff develop and lead educational presentations in the center and around the community, focusing on a risk reduction approach. Presentations use role-playing and skits, and focus on topics related to youth mental health, including stress management, healthy relationships, self-esteem, bullying and more.

Alaska Behavioral Health · 907-563-1000 · www.alaskabehavioralhealth.org

The Anchorage School District does not endorse these materials or the viewpoints expressed in them.