Children's Day Treatment
(Partial Hospitalization)

Therapy & Academics

Our Partial Hospitalization Program (PHP) for children and teens is an intensive, short-term therapy program for children experiencing significant or persistent mental health issues.

Medication management, intensive therapy and skillbuilding help clients regain stability, improve quality of life, and avoid the need for higher levels of care. The program runs 9 a.m. – 3 p.m. Monday through Friday and includes two hours of academic time during the school year.

Services

- Medication Management
- Intensive Group Therapy
- Skill-Building
- Daily Physical Activity
- Lunch

- Academic learning for elementary and middle school students led by an Anchorage School District educator (during the school year)
- High school students are allowed time to complete academic work during the program day.

The goal of the Children's Day Treatment Program is to help clients regain stability, improve quality of life, and avoid the need for higher levels of care.

This is a short-term program, typically lasting 16–19 days. Participants may continue outpatient therapy as needed with Alaska Behavioral Health providers or a therapist they have been working with previously.

Families must be able to transport clients to the clinic in Anchorage daily.

Who Qualifies For PHP?

Children and teens experiencing serious mental health issues not adequately addressed through outpatient care qualify for PHP. Clients must be willing and able to engage in therapy and activities.

Insurance

We bill all insurance, including Medicaid/Denali KidCare. We are in network with Premera Blue Cross Blue Shield and Tricare. Our staff can provide an insurance review of benefits to help determine coverage.

How to Access Services

New Clients: All new clients will need to schedule an assessment for PHP by calling 907-561-0954.

Current AKBH Clients: Talk to your clinician.

Providers: Submit a secure online referral *(With ROI's signed, AKBH providers will coordinate care with referring providers before, during and after PHP program participation.)*

For more information: email php@akbh.org

INTAKE INFORMATION
907–561–0954