



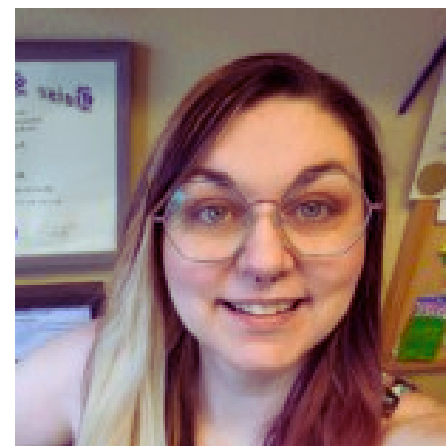
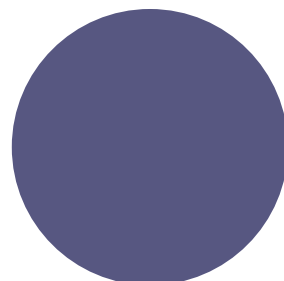
Trauma 101

February 19, 2024

BP Energy Center
in Anchorage
9 am - 4 pm

Trauma 101 training focuses on understanding how trauma impacts the body and the brain, how people adapt to trauma, and what we can do as providers, caregivers and community members to support recovery and resiliency. The Trauma 101 training is not a training on a specific type of intervention but is focused on how we can gain a better understanding of trauma, and become trauma informed.

This is an in-person only event. Due to grant support, this training is free of charge to participants. Register on the AKBH website at <https://alaskabehavioralhealth.org/trauma-101-training-2/> or scan the QR code.



Amanda Nalewaja

