

# Adult Mental Health Residential



**Adult Mental Health Residential Treatment is for adults who have a primary diagnosis of mental illness and are struggling to meet their daily needs.**

Qualifying clients must have a history of inpatient psychiatric care, use of psychiatric emergency treatment and/or involvement with the Department of Corrections. Clients must be motivated to participate and get better, and must be able to engage in services.

## FOR MORE INFORMATION:

 [residentialadmissions@akbh.org](mailto:residentialadmissions@akbh.org)

 907-563-1000



ALASKA  
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HEALTH

[alaskabehavioralhealth.org](http://alaskabehavioralhealth.org)  
907-563-1000



## A structured residential mental health treatment program in an environment that provides staff supervision 24 hours a day, 7 days a week.

- Focuses on skill development and mental health recovery
- Medication management with onsite providers and individual and group therapy with clinicians
- Groups twice a day, focusing on skill building and symptom management
- Additional activities offered daily, including recreation therapy
- Assistance in building routines and patterns that help reduce the symptoms of mental illness
- Individualized behavior plans so participants build skills to cope with symptoms
- Staffed by clinicians, peers and medical providers
- Clients must participate in therapy while enrolled in residential treatment. Services are covered by Medicaid as long as medically necessary.

